



POAPST HOCKEY DEVELOPMENT

DATE:

JULY 31 – AUGUST 3

TIME:

BANTAM & MIDGET

3:10 - 4:20 PM

COST:

\$159.00

LOCATION:

**DARIEN
SPORTSPLEX**

COMPETITION CAMP

THE CAMP:

This camp is designed to teach players the techniques of how to compete for puck possession as well as improving their puck protection skills in the tight areas of the rink.

Players will learn how to use their bodies to gain leverage and positional advantages against their opponents in order to gain and retain puck possession.

Players will learn how to improve their puck protection skills through drills designed to teach the players how to create more time and space in the tight areas all while maintaining puck possession.

The camp will consist of 1v1, 2v2, and 3v3 drills, as well as small areas games designed to create high competition levels. Such drills will consist of proper 1v1 gaps, stick placement, and body positioning for playing defense. It will also include, attacking space, changing shooting angles, and stick/puck placement for creating offense.

Name: _____

Age: ____/____/____

Last Team/Level: _____

Make Checks Payable to:
Poapst Hockey Development
208 E. Washington Street
Villa Park IL 60181

Contact Information:

Email: _____

Phone#: _____

Parents Contact Information:

Name(s): _____

Phone#: _____

Email: _____

POAPSTHOCKEY.COM

**To Reserve your spot in the camp contact Rob Newburg at:
rnewburg@chicagohawks.com**